



The Town of Binghamton Senior Citizens Commission Rings in the New Year with a New Slate of Activities! **2026**

All activities are held at the Town of Binghamton Town Hall, located at 279 Park Avenue, unless noted otherwise. Please make all RSVPs to (607) 772-0357, ext. 301

Chair Yoga: (exercise) Due to the great turnout & response, the Town is continuing to offer (and INCREASING to 3x per month!) **FREE** Chair Yoga sessions to our Seniors led by our own Town of Binghamton resident, Tina Fetten! She is a Foundational Yoga Therapist who uses her special background and training to meet the needs of all students' body types and abilities. Modifications to accommodate differing abilities are always offered. No RSVP and no special equipment are required. Sessions are held on the following Mondays from 2 p.m. to 3 p.m. at the Community Center, located at 1905 Coleman Rd., Binghamton: **JAN 5, 19, 26 - FEB 2, 9, 16 - MARCH 2, 9, 16**

Follow the Susquehanna Valley School District notices for class/after school activity delays or closures, in which cases there will be no class. PLEASE NOTE: The Town Board had determined that non-residents will be permitted to attend, for a \$4 per person fee, payable IN CASH to Vickie Conklin at time of sign-in to class. Wear loose clothing.

The Town of Binghamton Seniors Book Club continues to meet on the second Tuesday of each month at the Community Center at 1905 Coleman Road from 2 p.m. to 4 p.m. All are welcome! Here is the list of the upcoming books:



Tuesday, January 13, 2026 - "A Red Bird Christmas" by Fannie Flagg
Tuesday, February 10, 2026 - "The Third Gilmore Girl" by Kelly Bishop
Tuesday, March 10, 2026 - "Crow Mary" by Kathleen Grissom

If you haven't read any of the featured books, please feel free to come anyway! PLEASE NOTE: The Book Club (as a group) chooses the books to be featured each month. If you have a book you'd like to recommend, please bring it with you to the next meeting and join the club!

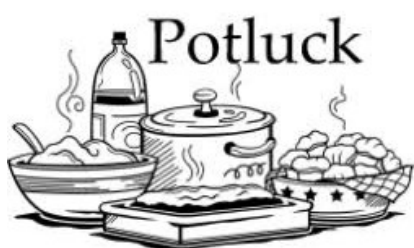
Do you sew? Come to our "Sit and Stitch" – Tues., Jan., 20, 2026, from 1 p.m. to 3 p.m. at the Community Center at 1905 Coleman Road. Come and join a group of individuals that do different types of sewing. Our purpose is to offer you time to work on your own projects while visiting with others. No RSVP is necessary.



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Mosaics: (Crafts/Learn Something New) Class will resume its regular schedule on the last Thursday of each month as follows: **Jan. 29, Feb. 26, & March 26.** All materials are provided, although students are encouraged to bring whatever items they wish to experiment with. **FREE REFRESHMENTS WILL BE SERVED.**

It's Time to Play Cards! Folks at the Holiday Lunch expressed interest in this activity, so please join us on **Tues., February 3, 2026, from 1 p.m. to 3 p.m. at the Community Center** at 1905 Coleman Road. Our playing schedule will be discussed as a group, and we'll decide on which card games to play. Please RSVP by calling (607) 772-0357, x301 by Weds., January 28, 2026.



Our next Potluck Luncheon will be held on Wed., Feb. 11 at noon at the Community Center, at 1905 Coleman Road. Please bring a dish to pass. Plates, silverware, napkins, and drinks will be provided. RSVP by Fri., Feb. 6 by calling 607-772-0357 X301.

Macrame': (Crafts/Learn Something New) The Macrame' class is finally here! **Thurs., Feb. 12 from 1:30 p.m. to 3:30 p.m. at the Town Hall.** Minimum of three people must RSVP to Lisa by Mon., Feb. 2nd or the event will be cancelled. Leave your name, phone number, and preference for what you'd like to make between a keychain or a canning jar decoration. **FREE REFRESHMENTS WILL BE SERVED!**

There have been some inquiries about forming a **Felting Class** (Crafts/Learn Something New) and a Felting Instructor has been located. Due to the specialty tools and expensive material necessary to hold this class, we'll need to explore serious interest before scheduling a class. **Please RSVP to Lisa at (607) 772-0357 x301, indicating your interest by Mon., Feb. 2nd.**

The Petting Zoo outing, which received over 20 sign-ups, will be rescheduled when weather permits according to the **Edwards Farm** & advance notice will be given for new sign-up.

COMING UP IN SPRING . . .



Let Lisa know by calling (607) 772-0357, x301 if you are interested in a day trip to **Corning Glass** to tour the museum AND participate in a glassworks class! Leave your name, phone number, and preference for what you'd like to make between etching a drinking glass, blowing an ornament, or melding glass pieces into a flat decorative piece. Only one will have to be chosen, but the most votes will be given preference.