Special Update on Town of Binghamton Senior Citizens Commission Activities October 2026

All activities are held at the Town of Binghamton Town Hall, located at 279 Park Ave. unless otherwise noted. Please make all RSVPs to (607) 772-0357 x301

The TOB Senior Commission gives a big thank you to Kevin Olds, President, TOB Volunteer Fire Company, for his presentation on fire safety and Bill Snell, TOB fire fighter, for providing a fire truck at the TOB Community Center on October 20th.

Chair Yoga: (exercise) FREE Chair Yoga sessions for our Seniors are going strong! We have participants of all abilities so don't hesitate to come out and try it! No RSVP and no special equipment are required. Sessions are held on the following Mondays from 2:00-3:00pm at the Community Center 1905 Coleman Rd, Binghamton: **November 9, 23 & 30; December 7 & 21.** Non-residents will be permitted to attend, for a $4 per person fee, payable IN CASH to Vickie Conklin at time of sign-in to class. Wear loose clothing.

The **Town of Binghamton Senior Book Group** meets the second Tuesday of the month at the Community Center at 1905 Coleman Road from 2 pm to 4 pm. All are welcome! Here is the list of upcoming books**: December 8** – Remarkably Bright Creatures by Shelby Van Pelt; **January 12** – The Help by Kathryn Stockett; **February 9** – Shoot The Moon by Billie Letts

Please note: If you haven't read any of the featured books, feel free to come anyway! The book club (as a group) chooses the books to be featured each month. If you have a book you would like to recommend, please bring it with you to the next meeting and join the club!

Hobby Day with Dennis & Susan – **November 18, 2026, 1:00 to 4:00 PM**. Do you have a favorite hobby? Such as watercolor, needle crafts, woodworking or any other projects you enjoy working on? Come to a time to work on your project with fellowship at the Community Center, 1905 Coleman Rd. **RSVP by November 14, 2026 by calling (607) 772-0357 X301**

The day trip to **Corning Glass** is still on hold due to numbers fluctuation. Stay tuned.

Bring a Friend Potluck Luncheon – **Thursday, November 12, 2026 at noon** at the Community Center, 1905 Coleman Road. Please bring a dish to pass. Plates, silverware, napkins and drinks will be provided. We're hoping to expand the enjoyment of our activities further into our community prior to creating the invite list for the upcoming Holiday Party, so we're asking each of our regular attendees to think of a Senior Town of Binghamton friend, neighbor (or family member!) who hasn't yet taken advantage of events the Commission has offered, and invite them to come enjoy this Potluck as our guest. After inviting the new person, you can provide their name & address along with your own RSVP (the guest will not be expected to bring a dish). Looking forward to seeing you again & showing new Seniors in our Town what we have to offer. **RSVP by Monday, November 9th by calling (607) 772-0357, x301.**

Holiday Celebration/Luncheon – **SAVE THE DATE! Friday, December 4, 2026 at noon** at the Community Center, 1905 Coleman Road. Details will be forthcoming.

For all activities, please follow the Susquehanna Valley School District notices for class/after school activity delays or closures, in which case there will be no activity.

Additional activities will be posted on the TOB website. Please view the upcoming Senior activities at www.townofbinghamton.com
If you're a resident of the Town of Binghamton (55 years and older), please feel free to join us! These activities take place at the Town of Binghamton Town Hall, located at 279 Park Avenue, unless noted otherwise.